

Weekly Meal Exchange Options
Monday-Thursday
Lunch 11a-1p/ Dinner 5p-7p
Friday
Lunch 11a-1p
10/5/20 to 10/9/20

Chef Fresh Menu

Includes choice of 1 side; cookies, chips, or fruit
Includes choice of 1 beverage; 16.9oz bottled water or can of soda

BLT Chicken Pesto Sandwich

Roasted Portabella & Provolone on Pretzel

Ham & Provolone Wedge Sandwich

Chicken Caesar Wrap

Spinach & Fruit Salad

Garden Salad

Chef Salad

Cheese Pizza

Pepperoni Pizza

Microwaveable Meals

Includes choice of 1 beverage; 16.9oz bottled water or can of soda

Various Entrees with Sides

Includes Vegetarian Options

Options will vary based on availability

