

**Weekly Meal Exchange Options
Monday-Wednesday**

Lunch - 11a-1p/Dinner 5p-7p

Thursday

Lunch - 11a-1p

10/5/20 to 10/8/20

Chef Fresh Menu

Includes choice of 1 side; cookies, chips, or fruit

Includes choice of 1 beverage; 16.9oz bottled water or can of soda

BLT Chicken Pesto Sandwich

Roasted Portabella & Provolone on Pretzel

Ham & Provolone Wedge Sandwich

Chicken Caesar Wrap

Spinach & Fruit Salad

Garden Salad

Chef Salad

Microwaveable Meals

Includes choice of 1 beverage; 16.9oz bottled water or can of soda

Various Entrees with Sides

Includes Vegetarian Options

Options will vary based on availability

