Week 2 Breakfast and Lunch Menu

	Sunday 1-Sep	Monday 2-Sep	Tuesday 3-Sep	Wednesday 4-Sep	Thursday 5-Sep	Friday 6-Sep	Saturday 7-Sep
Day Breakers	Scrambled Egg Whites - TM as Needed Scrambled Eggs Everything Egg Casserole Pork Sausage Patties Waffle Sticks Tater Tots Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Vegetable Scramble Crispy Bacon Honey French Toast Potaotoes O'Brien Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Vegetable Egg White Muffin Sausage Patties Chocolate Chip Pancake Muffins Baked Hash Brown Patty Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Sausage Cheddar Scramble Turkey Bacon French Toast Sticks Shredded Hash Browns Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Ham and Cheese Croissant Pork Sausage Links Cheese Blintz Sweet Potato Tots Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Vegetable Egg White Scramble Turkey Sausage Patties Oven Baked Cinnamon Rolls Home Fries Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Egg Whites - TM as Needed Scrambled Eggs Canadian Bacon Egg on Muffin Cripsy Bacon Waffle Sticks Tater Tots Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping
BRAVO!	Omelet Station Cage Free Eggs Ham Bacon Sausage Spinach / Tomato Peppers / Onions Mushrooms / American Mozzarella / Cheddar	Hot Roast Beef Station Sliced Montreal Roast Beef Montreal Seasoned Tofu Cheddar Cheese Sauce Sauteed Onion / Sauteed Mushroom Lettuce / Tomato Red onion / Kaiser Bun Au Jus / Horesradish Mayo	Pasta Station Italian Sausage Meatballs Marinara Sun Dried Tomato Parmesan Cream Sauce Spaghetti / GF Penne Roasted Red Pepper / Parmesan Broccoli / Roasted Mushrooms Caramelized Onion / Spinach Parsley / Red Pepper Flakes Fresh Basil / Rosemary Olive Oil / Nut Free Pesto	Wing Station Chicken Wings Mild Sauce / Hot Sauce Teriyaki Sauce / Hickory BBQ Sauce Celery Sticks / Carrot Sticks Ranch Dressing / Bleu Cheese Dressing	Quesadilla Station Beef Tofu Cheddar / Pepper Jack Peppers / Onions Cilantro / Scallions Mushrooms / Tomato Salsa / Sour Cream Tortilla / GF Tortilla	Pierogie Station Carved Keilbasa Beyond Vegan Brautwurst Potato Cheddar Pierogies Caramelized Onions & Mushrooms Sauerkraut Butter / Cheddar Cheese Sauce Sour Cream / Bacon Topping Diced Tomatoes / Grain Mustard	Omelet Station Cage Free Eggs Ham Bacon Sausage Spinach / Tomato Peppers / Onions Mushrooms / American Mozzarella / Cheddar
Market St. Deli	Black Bean Hummus Pastrami	Creamy Coleslaw Corned Beef	Creamy Coleslaw Corned Beef	Black Bean Hummus Grilled Portabella	Black Bean Hummus Grilled Portabella	Buffalo Hummus Caprese	Buffalo Hummus Caprese
Main Plate	Italian Sausage Rigatoni with balsamc onions and cherry tomatoes Italian Roasted Potatoes Roasted Carrots Steamed Green Beans	BBQ Chicken Quinoa Casserole Scalloped Potatoes Steamed Corn Roasted Zucchini	Ham, Mushroom and Spinach Crustless Quiche Ranch Roasted Potatoes Vegetable Medley Caramelized Asparagus	Golden Chicken Tenders Waffle Fries Macaroni and Cheese Stewed Tomatoes	Asian Salmon Stir Fry Lemon Scented White Rice Sesame Ginger Sauteed Napa Cabbage Roasted Butternut Squash	
Live Well	BBQ Tofu	Kale & White Bean Stew White Rice	Tofu Kebabs with Cilantro Sauce Black Beans	Vegan Quinoa Paella Steamed Carrots	Vegetable Ragout Basmati Rice	Buffalo Tofu Steamed Green Beans	Osaka Edamame Stir Fry
Villa Toscana	Pizza Du Jour Cheese Pizza Pepperoni Pizza Flatbread Du Jour Cheese Tortellini Marinara Ranch Alfredo Garlic Parmesan Breadsticks	4 Cheese Pizza Cheese Pizza Pepperoni Pizza Meatball and Provolone Stromboli Baked Blush Pasta White Pasta Marinara Sauce Alfredo Sauce Garlic Parmesan Breadsticks	4 Cheese Pizza Cheese Pizza Pepperoni Pizza Meatball and Provolone Stromboli Italian Sausage Pasta White Pasta Rosemary Scented Marinara Sauce Basil Pesto Sauce Garlic Parmesan Breadsticks	Philly Cheese Steak Pizza Cheese Pizza Pepperoni Pizza Supreme Pizza Beef Taco Pasta White Pasta Marinara Sauce Red Pepper Sauce Garlic Parmesan Breadsticks	Philly Cheese Steak Pizza Cheese Pizza Pepperoni Pizza Supreme Pizza Pesto Penne with Bruschetta White Pasta Marinara Sauce Alfredo Sauce Garlic Parmesan Breadsticks	White Parmesan Pizza Cheese Pizza Pepperoni Pizza Chesapeake Shrimp & Pepper Flatbread Asian Pasta White Pasta Marinara Sauce Nut Free Pesto Sauce Garlic Parmesan Breadsticks	White Parmesan Pizza Cheese Pizza Pepperoni Pizza Chesapeake Shrimp & Pepper Flatbread Cheese Tortellini Tomato Basil Cream Sauce Roasted Garlic Alfredo Garlic Parmesan Breadsticks
BRAVO! Student	Breakfast Station Sausage Gravy Buttermilk Biscuits Texas Toast	Baked Potato Bar Turkey Chili Vegetable Chili Broccoli / Cheddar Cheese Sour Cream / Salsa Scallions / Whipped Butter Bacon Bits	Mexican Station Pulled Chipotle Orange Beef Chipotle Orange Textured Vegetable Protein Hard Taco Shells Soft Corn Tortillas Refried Beans / Cilantro Lime Rice Diced Tomatoes / Shredded Lettuce Red Onion / Cilantro Leaves Shredded Cheddar / Jalapenos Salsa / Avocado Sour Cream	Grilled Cheese Station Shaved Pesto Turkey Tomato Basil Tofu Grilled Cheese with Provolone Tomato Basil Soup Caesar Salad	Chopping Block Station Fajita Marinated Flank Steak Fajita Seasoned Textured Vegetable Protein Blended Kale Salad Greens Honey Orange Chipotle Vinaigrette Roasted Butternut Squash / Roasted Beets Pan Seared Brussel Sprouts / Sliced Apples Craisins / Bleu Cheese	Gyro Station Lemon Pepper & Oregano Shaved Beef Middle Eastern Textured Vegetable Protein Pita Pocket Bread Shredded Lettuce / Tomatoes Red Onion / Cucumbers Jalapenos / Crumbled Feta Hummus / Tzatziki Sauce Tabouli	Breakfast Station Cream Chipped Beef Buttermilk Biscuits Texas Toast
J. Clark's Grille	Florentine Burger Hamburger Fries of the Day Seasonal Vegetable	BYO Meatball Sub W/ Provolone Cheese Marinara Sauce Curly Fries Seasonal Vegetable	Fried Fish Sandwich Tartar Sauce Sweet Potato, Black Bean Cheddar Wrap Chesapeake Potato Chips Seasonal Vegetable	Bacon Cheddar Cheeseburgers Hamburgers Portobello & Asparagus Melt House Cut Fries Seasonal Vegetable	Golden Chicken Tenders Macaroni and Cheese Stewed Tomatoes Waffle Fries Seasonal Vegetable	Spanikopita Turkey Burger Turkey Burger Lebanonese Falafel House Cut Greek Fries Seasonal Vegetable	Bratwurst Vegan Bratwurst Sauteed Cabbage Potato Chips Seasonal Vegetable
du Jour	Soup Du Jour Soup Du Jour	New England Clam Chowder Minestrone American Bounty Vegetable Soup	New England Clam Chowder Chicken Noodle Soup American Bounty Vegetable Soup	New England Clam Chowder Ham & Bean Soup Tomato Basil Soup	New England Clam Chowder Hot & Sour Chicken Soup Tomato Basil Soup	New England Clam Chowder Caramelized Onion Soup Vegan Chili	Soup Du Jour Vegan Chili

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

V Denotes Vegetarian Item Ve Denotes Vegan Item GF Denotes Gluten-Free Item