

Week 4 Breakfast and Lunch Menu

NATIONAL MEATBALL DAY													
Sunday 8-Mar		Monday 9-Mar		Tuesday 10-Mar		Wednesday 11-Mar		Thursday 12-Mar		Friday 13-Mar		Saturday 14-Mar	
			GF V Scrambled Eggs GF V Vegetable Frittata GF Grilled Ham Steaks GF V Orange Baked Oatmeal GF V Home Fries GF V Cage Free Eggs Made To Order Omelet Station V MYO Belgian Waffle	GF V Scrambled Eggs GF Sausage Egg & Cheese Croissant GF Turkey Sausage Links V Blueberry Pancake Muffins V Tater Tots GF V Cage Free Eggs Made To Order Omelet Station V MYO Belgian Waffle	GF V Scrambled Eggs GF Steak & Cheese Frittata GF Crispy Bacon V Waffle Sticks V Hash Browns GF V Cage Free Eggs Made To Order Omelet Station V MYO Belgian Waffle	GF V Scrambled Eggs GF Egg White Turkey Sausage Muffin GF Pork Sausage V Cheese Blintz GF V Sweet Potato Tater Tots GF V Cage Free Eggs Made To Order Omelet Station V MYO Belgian Waffle	GF V Scrambled Eggs GF V Tomato Basil Egg Scramble GF Turkey Sausage Patty V Chocolate Bread Pudding GF V Shredded Hash Browns GF V Cage Free Eggs Made To Order Omelet Station V MYO Belgian Waffle	GF V Scrambled Eggs Du Jour Egg Scramble Sausage In a Blanket V French Toast Sticks GF V Potato Hash GF V Cage Free Eggs Made To Order Omelet Station V MYO Belgian Waffle					
				Meatball Station Meatballs Buffalo Sauce General Tso's Grated Parm Bleu Cheese Crumbles	Panzanella Salad Grilled Chicken GF Grilled Tofu Steaks GF V Toasted Bread Cubes GF V White Balsamic Vinaigrette Grape Tomatoes Sliced Red Onions Fresh Basil Fresh Mozzarella Capers Kalamata Olives Diced Cucumbers Spinach Red Pepper Flakes	Mediterranean Kebab Station Beef Kofta GF Chicken Souvlaki GF Pita Shredded Lettuce Sliced Tomato Sliced Red Onion Sliced Cucumber Tzatziki Tahini Sauce Greek Cucumber Salad Parsley	Pierogie Station Carved Brautwurst GF Beyond Vegan Brautwurst GF Potato Cheddar Pierogies GF V Caramelized Onions & Mushrooms GF Sauerkraut GF Butter Cheddar Cheese Salsa Sour Cream Bacon Topping Diced Tomatoes Grain Mustard	Fajita Station Chili Lime Beef GF Portobello Mushrooms GF Flour Tortillas Green Peppers Red Peppers Red Onions Shredded Cheddar Jalapeno Salsa Sour Cream Guacamole	Omelet Station GF V Cage Free Eggs GF Ham GF Bacon GF Shrimp Caramelized Onions Roasted Mushrooms GF Garlic Sautéed Green & Red Pannera Mozzarella Cheddar Cheese				
				GF V Buffalo Hummus Sandwich Du Jour	GF V Buffalo Hummus Sandwich Du Jour	GF V Buffalo Hummus Sandwich Du Jour	GF V Spinach & Feta Hummus Sandwich Du Jour	GF V Spinach & Feta Hummus Sandwich Du Jour	GF V Spinach & Feta Hummus Sandwich Du Jour				
				Swedish Meatballs V Buttered Egg Noodles GF V Roasted Carrots GF V Steamed Broccoli	Turkey "Thanksgiving" Casserole GF V Mashed Potatoes GF V Sautéed Green Beans GF V Steamed Cauliflower	GF Char Siu Pork & Vegetables GF V Sesame Rice Noodles GF V Spicy Bok Choy in Garlic Sauce GF V Steamed Yellow Squash	Crispy Chicken Tenders V White Cheddar Macaroni & Cheese GF V Waffle Fries GF V Stewed Tomatoes	GF Shrimp Stir Fry V Lo Mein Noodles GF V Sesame Ginger Nappa Cabbage GF V Steamed Broccoli					
				GF V Sriracha Tofu GF V Roasted Pepper Medley	GF V Sushi Rice GF V Crispy Baked Sun Butter Tofu	GF V Vegan Ratatouille GF V Quinoa Pilaf	GF V Steamed Carrots GF V Vegan Black Bean Burger	GF V Sweet & Sour Grilled Eggplant "Steaks" GF V Brown Rice	GF V Mexican Rice Casserole				
				Meatball & Provolone Pizza V Cheese Pizza V Pepperoni Pizza Meatball Stromboli V Sun Dried Tomato, Artichoke & Infused Oil Farfalle V White Pasta GF V Marinara Sauce GF V Alfredo Sauce V Garlic Parmesan Breadsticks	V Mediterranean Artisanal Pizza V Cheese Pizza V Pepperoni Pizza Meatball Stromboli V Bruschetta Pasta Bake V White Pasta GF V Rosemary Scented Marinara Sauce GF V Basil Pesto Sauce V Garlic Parmesan Breadsticks	Breakfast Pizza V Cheese Pizza V Pepperoni Pizza Italian Sausage Pizza V Campanelle Florentine V White Pasta GF V Alfredo Sauce GF V Wild Rice Pilaf GF V Italian Roasted Chicken Tenders GF V Steamed Carrots GF V Marinara Sauce GF V Red Pepper Sauce V Garlic Parmesan Breadsticks	Breakfast Pizza V Cheese Pizza V Pepperoni Pizza Italian Sausage Pizza V White Pasta GF V Basil Marinara GF V Alfredo Sauce GF V Wild Rice Pilaf GF V Italian Roasted Chicken Tenders GF V Steamed Carrots GF V Marinara Sauce GF V Basil Pesto Sauce V Garlic Parmesan Breadsticks	Asian Beef Pizza V Cheese Pizza V Pepperoni Pizza Turkey Rachel Flatbread Turkey Rachel Flatbread Pepperoni Macaroni Bake V White Pasta GF V Marinara Sauce GF V Basil Pesto Sauce V Garlic Parmesan Breadsticks	Asian Beef Pizza V Cheese Pizza V Pepperoni Pizza Turkey Rachel Flatbread Turkey Rachel Flatbread V Cheese Tortellini GF V Tomato Basil Cream Sauce GF V Roasted Garlic Alfredo V Garlic Parmesan Breadsticks				
				Gyro Station Roasted Gyro Meat GF V Eastern Textured Vegetable Protein V Pita Pocket Bread Shredded Lettuce Tomatoes Red Onion Cucumbers Jalapenos Crumbled Feta Hummus Tzatziki Sauce Tabouli Hot Sauce	Taco Station Pork Carnitas GF Sazon Seasoned TVP GF V Hard Shell Taco GF V Soft Shell Taco Refried Beans Dominican Rice Shredded Lettuce Diced Red Onions Cilantro Cheddar Cheese Salsa Sour Cream Diced Tomatoes Lime Wedge	Carving Station GF Carved Hickory Brined Turkey Beef Barley Soup Cobb Salad Chopped Romaine Diced Egg Grape Tomatoes Sliced Red Onions Bleu Cheese Crumbles Croutons Bacon Avocado Bleu Cheese Dressing	Taco Salad Station GF Apple Ancho Brisket GF V Apple Ancho TVP V Taco Bowls Salsa Sour Cream Shredded Lettuce Monterey Jack Grape Tomatoes Black Beans Diced Red Onion Black Olives Red Peppers Corn	Southern Station GF Shredded BBQ Pork GF V BBQ Tofu GF V Tater Tots Cheese Sauce Sautéed Peppers Bacon Bits Sour Cream Scallions Salsa	Biscuits & Gravy Pulled Chicken Gravy V Buttermilk Biscuits V Texas Toast GF V Oatmeal Brown Sugar Mini M&Ms Chocolate Chips Craisins Cinnamon Honey				
				GF Cordon Bleu Chicken GF Grilled Chicken V Black Bean Burger V Onion Rings GF V Seasonal Vegetables	Turkey Rachel Flatbread Reuben Flatbread V Southwest Wrap GF V House Made Potato Chips GF V Seasonal Vegetables	GF Ranch BBQ Burger Hamburger GF V Garbanzo Bean Burger GF V House Cut Fries GF V Seasonal Vegetables	Crispy Chicken Tenders V White Cheddar Macaroni & Cheese V Waffle Fries GF V Stewed Tomatoes GF V Seasonal Vegetables	Bruschetta Grilled Chicken GF Grilled Chicken GF V Portobello Steak Sandwich GF V House Cut Fries GF V Seasonal Vegetables	GF Hot Dogs GF Chili Sauce GF V Cheese Sauce GF V House Made Chips GF V Seasonal Vegetables				
				Beef Barley Soup Italian Wedding Soup GF V Vegan Curried Vegetable Soup	Beef Barley Soup Black Bean & Sausage Soup GF V Vegan Curried Vegetable Soup	Beef Barley Soup White Chicken Chili GF V Vegan Curried Vegetable Soup	Beef Barley Soup Hamburger Macaroni Soup GF V Vegan Italian Garbanzo Bean Soup	Beef Barley Soup Spicy Tomato Seafood Chowder GF V Vegan Italian Garbanzo Bean Soup	Soup Du Jour GF V Vegan Italian Garbanzo Bean Soup				

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item

Denotes Vegan Item

Denotes Gluten-Friendly Item