

# Week 5 Breakfast and Lunch Menu

| Hanukkah |   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   | Sunday  |
|----------|---|--|---|---|--|--|---|
| Monday   |   | 4-Dec  | 5-Dec   | 6-Dec   | 7-Dec  | 8-Dec  | 9-Dec   |
| 3-Dec    |   |  |   |   |  |  |   |
|          | <ul style="list-style-type: none"> <li> Scrambled Eggs</li> <li> Mushroom &amp; Swiss Egg Scramble</li> <li> Sausage Links</li> <li> Peach Pancake Muffins</li> <li> Potatoes O'Brien</li> <li> Cage Free Eggs Made to Order Omelet Station</li> <li> Belgian Waffle Bar with Fruit Topping</li> </ul>                  | <ul style="list-style-type: none"> <li> Scrambled Eggs</li> <li> Chicken Biscuit</li> <li> Crispy Bacon</li> <li> French Toast Sticks</li> <li> Tater Tots</li> <li> Cage Free Eggs Made to Order Omelet Station</li> <li> Belgian Waffle Bar with Fruit Topping</li> </ul>  | <ul style="list-style-type: none"> <li> Scrambled Eggs</li> <li> Bacon &amp; Cheddar Egg Scramble</li> <li> Turkey Bacon</li> <li> Corn Tortillas Vegan Taco</li> <li> Shredded Hash Browns</li> <li> Cage Free Eggs Made to Order Omelet Station</li> <li> Belgian Waffle Bar with Fruit Topping</li> </ul>        | <ul style="list-style-type: none"> <li> Scrambled Eggs</li> <li> Vegetable Egg Scramble Burrito</li> <li> Sausage Patty</li> <li> Banana Pancakes</li> <li> Baked Hash Brown Patty</li> <li> Cage Free Eggs Made to Order Omelet Station</li> <li> Belgian Waffle Bar with Fruit Topping</li> </ul> | <ul style="list-style-type: none"> <li> Scrambled Eggs</li> <li> Tomato &amp; Basil Egg Scramble</li> <li> Ham Steaks</li> <li> Cheese Blintz with Strawberry Topping</li> <li> Tri Tator</li> <li> Cage Free Eggs Made to Order Omelet Station</li> <li> Belgian Waffle Bar with Fruit Topping</li> </ul>                   | <ul style="list-style-type: none"> <li> Scrambled Egg Whites - TM as Needed</li> <li> Scrambled Eggs</li> <li> Scrambled Egg Melt</li> <li> Crispy Bacon</li> <li> Waffle Sticks</li> <li> Sweet Potato Tots</li> <li> Cage Free Eggs Made to Order Omelet Station</li> <li> Belgian Waffle Bar with Fruit Topping</li> </ul>                  | <ul style="list-style-type: none"> <li> Scrambled Egg Whites - TM as Needed</li> <li> Scrambled Eggs</li> <li> Egg Scramble Du Jour</li> <li> Turkey Sausage Links</li> <li> French Toast</li> <li> Home Fries</li> <li> Cage Free Eggs Made to Order Omelet Station</li> <li> Belgian Waffle Bar with Fruit Topping</li> </ul> |
|          |   | <ul style="list-style-type: none"> <li> Potato Latkes</li> <li> Sweet Potato Latkes</li> <li>Cured Salmon</li> <li>Apple Sauce</li> <li>Chives</li> <li>Dill</li> </ul>  | <ul style="list-style-type: none"> <li> Potato Gnocchi</li> <li> Italian Sausage</li> <li>Meatballs</li> <li> Potato Basil Textured Vegetable Protein</li> <li>Marinara</li> <li>Sauteed Onions</li> <li>Spinach</li> <li>Broccoli</li> <li>Parmesan</li> </ul>   | <ul style="list-style-type: none"> <li> Louisiana Gumbo</li> <li> Andouille Sausage</li> <li>Chicken</li> <li>White Rice</li> <li>Okra</li> <li>Bell Peppers</li> <li>Chives</li> <li>Worcestershire</li> </ul>   | <ul style="list-style-type: none"> <li> Roast Pork</li> <li> Ham</li> <li> Swiss Cheese</li> <li> Dijon Mustard</li> <li>Pickles</li> <li>Lettuce</li> </ul>   | <ul style="list-style-type: none"> <li> Canadian Potstie Station</li> <li> House Cut French Fries</li> <li> Waffle Fries</li> <li> Shredded Beef</li> <li> Seasoned TVP</li> <li>Cheese Curds</li> <li>Beef Gravy</li> <li>Parsley</li> </ul>  | <ul style="list-style-type: none"> <li> Cage Free Eggs</li> <li> Ham</li> <li> Bacon</li> <li> Sausage</li> <li>Spinach</li> <li>Peppers</li> <li>Mushrooms</li> <li>Mozzarella</li> </ul>  |
|          | <ul style="list-style-type: none"> <li> Spinach &amp; Feta Hummus</li> <li> Corned Beef</li> </ul>  | <ul style="list-style-type: none"> <li> Spinach &amp; Feta Hummus</li> <li> Buffalo Chicken Salad</li> </ul>   | <ul style="list-style-type: none"> <li> Bruschetta</li> <li> Deviled Egg Salad</li> </ul>   | <ul style="list-style-type: none"> <li> Bruschetta</li> <li> Deviled Egg Salad</li> </ul>   | <ul style="list-style-type: none"> <li> Sun Dried Tomato Basil Hummus</li> <li> Pork Bologna</li> </ul>  | <ul style="list-style-type: none"> <li> Sun Dried Tomato Basil Hummus</li> <li> Pork Bologna</li> </ul>  | <ul style="list-style-type: none"> <li> Sun Dried Tomato Basil Hummus</li> <li> Pork Bologna</li> </ul>   |
|          | <ul style="list-style-type: none"> <li> Roasted Chicken</li> <li> Broccoli Cheddar Rice Bake</li> <li> Steamed Carrots</li> <li> Sautéed Squash</li> </ul>  | <ul style="list-style-type: none"> <li> Turkey PA Dutch Pot Pie</li> <li> Herb Roasted Potatoes</li> <li> Roasted Broccoli</li> <li> Steamed Corn</li> </ul>   | <ul style="list-style-type: none"> <li> Roast Beef &amp; Gravy</li> <li> Texas Toast</li> <li> Mashed Potatoes</li> <li> Roasted Cauliflower</li> </ul>   | <ul style="list-style-type: none"> <li> Chicken Tenders</li> <li> Macaroni &amp; Cheese</li> <li> Waffle Fries</li> <li> Stewed Tomatoes</li> </ul>   | <ul style="list-style-type: none"> <li> Parmesan Pesto Fish</li> <li> Wild Rice Pilaf</li> <li> Roasted Carrots</li> <li> Sautéed Zucchini</li> </ul>  | <ul style="list-style-type: none"> <li> Incan Bowl</li> </ul>  | <ul style="list-style-type: none"> <li> Mayan Bowl</li> </ul>   |
|          | <ul style="list-style-type: none"> <li> Prosciutto Ricotta &amp; Pea Pizza</li> <li> Cheese Pizza</li> <li> Vegetable Pizza</li> <li> Buffalo Chicken Stromboli</li> <li> Broccoli Alfredo Bake</li> <li> White Pasta</li> <li> Marinara Sauce</li> <li> Alfredo Sauce</li> <li> Garlic Parmesan Breadsticks</li> </ul> | <ul style="list-style-type: none"> <li> Prosciutto Ricotta &amp; Pea Pizza</li> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Buffalo Chicken Stromboli</li> <li> Three Cheese Pasta Bake</li> <li> White Pasta</li> <li> Rosemary Scented Marinara Sauce</li> <li> Basil Pesto Sauce</li> <li> Garlic Parmesan Breadsticks</li> </ul> | <ul style="list-style-type: none"> <li> Japanese Pizza</li> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Smores Pizza</li> <li> Sun Dried Tomato &amp; Basil Pasta Bake</li> <li> White Pasta</li> <li> Marinara Sauce</li> <li> Red Pepper Sauce</li> <li> Garlic Parmesan Breadsticks</li> </ul>         | <ul style="list-style-type: none"> <li> Japanese Pizza</li> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Smores Pizza</li> <li> Baked Pesto Gnocchi</li> <li> White Pasta</li> <li> Marinara Sauce</li> <li> Alfredo Sauce</li> <li> Garlic Parmesan Breadsticks</li> </ul>                | <ul style="list-style-type: none"> <li> Chicken Bacon Ranch Pizza</li> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Bruschetta Flatbread with Balsamic</li> <li> Cajun Chicken Pasta</li> <li> White Pasta</li> <li> Marinara Sauce</li> <li> Nut Free Pesto Sauce</li> <li> Garlic Parmesan Breadsticks</li> </ul> | <ul style="list-style-type: none"> <li> Chicken Bacon Ranch Pizza</li> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Bruschetta Flatbread with Balsamic</li> <li> Cajun Chicken Pasta</li> <li> Cheese Tortellini</li> <li> Tomato Basil Cream Sauce</li> <li> Roasted Garlic Alfredo</li> <li> Garlic Parmesan Breadsticks</li> </ul> | <ul style="list-style-type: none"> <li> Pizza Du Jour</li> <li> Cheese Pizza</li> <li> Pepperoni Pizza</li> <li> Cheesecake</li> <li> Cheese Tortellini</li> <li> Marinara</li> <li> Ranch Alfredo</li> <li> Garlic Parmesan Breadsticks</li> </ul>   |
|          | <ul style="list-style-type: none"> <li>Slider Station</li> <li>Pomegranate glazed Beef Brisket</li> <li>Pomegranate glazed Tofu</li> <li>Potato Salad</li> <li>Lettuce</li> <li>Caramelized Onions</li> <li>Mini Baguette</li> </ul>  | <ul style="list-style-type: none"> <li>Mexican Station</li> <li>Chicken Mole</li> <li> Western Texture Vegetable Protein</li> <li> Hard Shell Tacos</li> <li> Soft Corn Tortillas</li> <li>Refried Beans</li> <li>Lettuce</li> <li>Cilantro</li> <li>Cheddar</li> <li>Sofrito</li> </ul>   | <ul style="list-style-type: none"> <li>Grilled Cheese Station</li> <li> Herbed Grilled Chicken</li> <li> Cobb Salad</li> <li> Grilled Cheese</li> <li> Vegan Tomato Florentine Soup</li> <li>Iceberg Lettuce</li> <li>Cheddar Cheese</li> <li>Bacon Crumbles</li> <li>Tomatoes</li> <li>Avocado Dressing</li> </ul> | <ul style="list-style-type: none"> <li>Chopping Block</li> <li> Greek Marinated Turkey</li> <li> Crispy Lemon Tofu Bites</li> <li> House Made Greek Dressing</li> <li>Salad Blend</li> <li>Tomato</li> <li>Basil</li> <li>Feta Cheese</li> </ul>  | <ul style="list-style-type: none"> <li>Flatbread Station</li> <li> Garlic Rosemary Three Cheese Flatbread</li> <li> Spinach &amp; Feta Flatbread</li> <li> Sundried Tomato Flatbread</li> <li> Tzatziki Sauce</li> <li>Roasted Carrots</li> <li>Roasted Peppers</li> <li>Celery Sticks</li> </ul>                            | <ul style="list-style-type: none"> <li>Breakfast Station</li> <li>Cream Chipped Beef</li> <li>Buttermilk Biscuits</li> <li>Texas Toast</li> </ul>  | <ul style="list-style-type: none"> <li>Breakfast Station</li> <li>Sausage Gravy</li> <li>Buttermilk Biscuits</li> <li>Texas Toast</li> </ul>  |
|          | <ul style="list-style-type: none"> <li> Mushroom Swiss Burger</li> <li> Hamburger</li> <li> Quinoa Vegetable Burger</li> <li> French Fries</li> <li> Seasonal Vegetable</li> </ul>  | <ul style="list-style-type: none"> <li> Hot Dogs with Chili</li> <li> Cheese Sauce</li> <li> TVP Sloppy Joe</li> <li> Tater Tots</li> <li> Seasonal Vegetable</li> </ul>   | <ul style="list-style-type: none"> <li> Fish Patty Sandwich</li> <li> Caprese Flatbread</li> <li> Malt Vinegar</li> <li> House Cut French Fries</li> <li> Seasonal Vegetable</li> </ul>   | <ul style="list-style-type: none"> <li> Chicken Tenders</li> <li> Macaroni &amp; Cheese</li> <li> Waffle Fries</li> <li> Seasonal Vegetable</li> </ul>  | <ul style="list-style-type: none"> <li> Metz Mac Wrap</li> <li> Fried Pickles</li> <li> House Cut Sweet Potato Chips</li> <li> Seasonal Vegetable</li> </ul>   | <ul style="list-style-type: none"> <li> Chicken Quesadilla</li> <li> Cheese Quesadilla</li> <li> Spicy Queso Dip</li> <li> Tortilla Chips</li> <li> Seasonal Vegetable</li> </ul>  | <ul style="list-style-type: none"> <li> Chicken Nuggets</li> <li> Buffalo Sauce</li> <li> BBQ Sauce</li> <li> Fries of the Day</li> <li> Seasonal Vegetable</li> </ul>  |
|          | <ul style="list-style-type: none"> <li> Baked Potato Soup</li> <li> Matzah Soup</li> <li> Avocado Soup</li> </ul>   | <ul style="list-style-type: none"> <li> Baked Potato Soup</li> <li> Chicken &amp; Rice Soup</li> <li> Avocado Soup</li> </ul>  | <ul style="list-style-type: none"> <li> Baked Potato Soup</li> <li> Hearty Vegetable Soup</li> <li> Tomato Florentine</li> </ul>  | <ul style="list-style-type: none"> <li> Baked Potato Soup</li> <li> Turkey Barley Soup</li> <li> Tomato Florentine</li> </ul>   | <ul style="list-style-type: none"> <li> Baked Potato Soup</li> <li> Maryland Crab Soup</li> <li> Asparagus Basil Soup</li> </ul>   | <ul style="list-style-type: none"> <li> Baked Potato Soup</li> <li> Asparagus Basil Soup</li> </ul>  | <ul style="list-style-type: none"> <li> Baked Potato Soup</li> <li> Asparagus Basil Soup</li> </ul>   |

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item

Denotes Vegan Item

Denotes Gluten-Free Item