

Week 4 Breakfast and Lunch Menu

		Monday 26-Nov	Tuesday 27-Nov	French Toast Day Wednesday 28-Nov	Thursday 29-Nov	Friday 30-Nov	Saturday 1-Dec	Sunday 2-Dec
Day Breakers	Scrambled Eggs Vegetable Frittata Turkey Bacon Orange Baked Oatmeal Home Fries Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Sausage Egg & Cheese Croissant Pork Sausage Links Blueberry Pancake Muffins Tater Tots Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Steak and Cheese Frittata Crispy Bacon French Toast Sticks Herb and Garlic Hash Brown Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Egg White Turkey Sausage Muffin Turkey Sausage Cheese Blintz with Blueberry Topping Sweet Potato Tots Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Greek Frittata Ham Steak Vanilla and Cinnamon Bread Pudding Shredded Hash Browns Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Egg Whites - TM as Needed Scrambled Eggs Sausage in a Blanket Pork Sausage Patty Waffle Sticks Potato O'Brien Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	Scrambled Egg Whites - TM as Needed Scrambled Eggs Everything Frittata Crispy Bacon Cherry Chocolate Chip Waffle Casserole Baked Hash Brown Patties Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar with Fruit Topping	
	BRAVO!	Lettuce Wraps Honey Ginger Pork Ginger Textured Vegetable Protein Leaf Lettuce Wraps Rice Vermicelli Carrots Scallions Bean Sprouts Zucchini Yellow Squash Peppers Cilantro Lime Asian Slaw Sriracha Hoisin Sauce Chili Sambal Sesame Oil Asian Sesame Dressing	Panzanella Salad Grilled Chicken Grilled Tofu Steaks Toasted Bread White Balsamic Vinaigrette Tomatoes Onions Fresh Basil Parmesan Capers Olives Broccoli Spinach Red Pepper Flakes Fresh Parsley Oregano	French Toast Station House Made Sauerkraut German Sausage Spätzle Carrot Spätzle Butter Onions Cabbage Roasted Veggies Bacon Spinach	Spätzle Station House Made Sauerkraut German Sausage Spätzle Carrot Spätzle Butter Onions Cabbage Roasted Veggies Bacon Spinach	Fajita Station Chili Lime Beef Portobello Mushrooms Flour Tortillas Green Bell Peppers Red Bell Peppers Red Onions Shredded Cheddar Jalapeno House Made Salsa Sour Cream Guacamole	Cage Free Eggs Ham Bacon Sausage Spinach Tomato Peppers Onions Mushrooms American Mozzarella Cheddar	Cage Free Eggs Ham Bacon Sausage Spinach Tomato Peppers Onions Mushrooms American Mozzarella Cheddar
MARKET ST. DELI	Cilantro Lime Hummus Asian Chicken Salad	Cilantro Lime Hummus Asian Chicken Salad	Vegetable Cream Cheese Ham Salad	Vegetable Cream Cheese Ham Salad	Red Pepper Hummus Prosciutto	Red Pepper Hummus Prosciutto	Red Pepper Hummus Prosciutto	
Main Plate	Turkey and Mushroom Stroganoff Egg Noodles Steamed Broccoli Seared Brussel Sprouts	Roasted Chicken Baked Potato Steamed Corn Green Beans	Roasted Sliced Pork Loin Glazed Sweet Potatoes Steamed Peas Roasted Cauliflower	Golden Chicken Tenders Waffle Fries Macaroni and Cheese Seasonal Vegetables	Spinach Stuffed Flounder Cous Cous Loaded Potato Pierogi Bake Roasted Carrots	One Skillet Mexican Rice Casserole	Zucchini Corn Tamale Casserole	
Live Well	Roasted Pepper Medley White Rice	Crispy Baked Sun Butter Tofu Sesame Rice Noodles	Vegan Ratatouille Quinoa Pilaf	Vegan Black Bean Burger Grilled Asparagus	Sweet & Sour Grilled Eggplant "Steaks" Sautéed Zucchini	One Skillet Mexican Rice Casserole	Zucchini Corn Tamale Casserole	
VILLA TOSCANA	Meat Lovers Pizza Cheese Pizza Pepperoni Pizza Ham and Cheese Calzone Toasted Orzo Gratin White Pasta Marinara Sauce Alfredo Sauce Garlic Parmesan Breadsticks	Meat Lovers Pizza Cheese Pizza Pepperoni Pizza Ham and Cheese Calzone Jam Dried Tomato, Artichoke, and Infused Oil Farfalle White Pasta Rosemary Scented Marinara Sauce Basil Pesto Sauce Garlic Parmesan Breadsticks	BBQ Ranch Chicken Pizza Cheese Pizza Pepperoni Pizza Peach Pie Pizza Bruschetta Pasta Bake White Pasta Marinara Sauce Red Pepper Sauce Garlic Parmesan Breadsticks	BBQ Ranch Chicken Pizza Cheese Pizza Pepperoni Pizza Peach Pie Pizza Gnocchi Florentine White Pasta Marinara Sauce Alfredo Sauce Garlic Parmesan Breadsticks	Caesar Pizza Cheese Pizza Pepperoni Pizza Bacon Cheeseburger Flatbread Pepperoni Macaroni Bake White Pasta Marinara Sauce Nut Free Pesto Sauce Garlic Parmesan Breadsticks	Caesar Pizza Cheese Pizza Pepperoni Pizza Bacon Cheeseburger Flatbread Cheese Tortellini Tomato Basil Cream Sauce Roasted Garlic Alfredo Garlic Parmesan Breadsticks	Pizza Du Jour Cheese Pizza Pepperoni Pizza Cheese Tortellini Marinara Ranch Alfredo Garlic Parmesan Breadsticks	
BRAVO!	Designer Slider Station Buffalo Chicken Buffalo Tofu Avocado Ranch Spread Cilantro Bleu Cheese Spread Lettuce Tomato Onion Broccoli Slaw Swiss Cheese Mini Sub Rolls	Taco Station Beef Barbacoa Affron Textured Vegetable Protein Hard Taco Shells Soft Corn Tortillas Refried Beans Tomatoes Lettuce Red Onion Cilantro Lime Wedges Cheddar Sofrito Salsa Avocado Sour Cream	Soup, Salad, Sandwich Hickory Brined Turkey Grilled Cheese with apple and bacon Beef Barley Soup Orchard Salad Mesclun Mix Craisins Apples Roasted Butternut Squash Goat Cheese Cinnamon Vinaigrette	Taco Salad Station Apple Ancho Brisket Ancho Textured Vegetable Protein Taco Bowls Salsa Sour Cream Iceberg Lettuce Cheddar Jack Grape Tomatoes Black Beans Onions Olives Peppers Corn	Mediterranean Station Shredded BBQ Pork BBQ Tofu Tater Tots Sweet Potato Tots Cheese Sauce Sautéed Peppers Bacon Bits Sour Cream Scallions Chives Salsa	Breakfast Station Chipped Beef Buttermilk Biscuits Texas Toast	Breakfast Station Sausage Gravy Buttermilk Biscuits Texas Toast	
J. CLARK'S GRILLE	Meatballs Marinara Sauce TVP Cheese Steak French Fries Seasonal Vegetable	Ham loaf Sandwich Tofu Sandwich House Made Potato Chips Seasonal Vegetable	Greek Burger Hamburger Garbanzo Bean Burger Fresh Cut Fries Seasonal Vegetable	Golden Chicken Tenders Waffle Fries Macaroni and Cheese Seasonal Vegetable	Bruschetta Grilled Chicken Grilled Chicken Portobello Steak Sandwich Curly Fries Seasonal Vegetable	Hot Dogs Chili Sauce Cheese Sauce House Made Chips Seasonal Vegetable	Sloppy Joe Chef's Fried Special Fries of the Day Seasonal Vegetable	
duJour	Beef Barley Soup Turkey Wild Rice Soup Vegan Lentil Soup	Beef Barley Soup Hamburger Macaroni Soup Vegan Lentil Soup	Beef Barley Soup Ham and Potato Soup Vegan Sweet Potato Minestrone	Beef Barley Soup White Chicken Chili Vegan Sweet Potato Minestrone	Beef Barley Soup Spicy Tomato Seafood Chowder Vegan Italian Garbanzo Bean Soup	Beef Barley Soup	Beef Barley Soup	

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item Denotes Vegan Item

Denotes Gluten-Friendly Item